

**Southern Michigan Aquatic Club
SMAC**

Yards-Women

8 & U	25 Free	15.01	6-Dec-00	Brooke Balogh	
	50 Free	30.75	5-Oct-98	Katie Spoelman	
	100 Free	1:12.06	27-Nov-98	Katie Spoelman	
	200 Free	2:36.17	10-Feb-01	Brooke Balogh	
	500 Free	6:53.21	6-Dec-02	Blake Balogh	
	25 Back	17.83	4-Jan-03	Blake Balogh	
	50 Back	38.02	7-Mar-04	Hayley Jarrait	
	100 Back	1:21.74	8-Dec-02	Blake Balogh	
	25 Breast	18.56	21-Mar-01	Gretchen Spoelman	
	50 Breast	40.88	11-Oct-01	Gretchen Spoelman	
	100 Breast	1:36.87	1-Dec-02	Blake Balogh	
	25 Fly	15.76	27-Jul-01	Brooke Balogh	
	50 Fly	36.13	6-Mar-04	Hayley Jarrait	
	100 Fly	1:22.08	2-Mar-01	Brooke Balogh	
	100 IM	1:20.17	5-Dec-98	Katie Spoelman	
	200 IM	2:54.11	27-Jul-01	Brooke Balogh	
	100 Free Relay	1:05.07	6-Dec-00	Blake Balogh, Brooke Balogh, Gretchen Spoelman, Julia Horenstein	
	200 Free Relay	2:27.30	17-Feb-01	Gretchen Spoelman, Blake Balogh, Leah Bender, Brooke Balogh	
	100 Medley Relay	1:15.21	9-Dec-00	Blake Balogh, Gretchen Spoelman, Brooke Balogh, Julia Horenstein	
	200 Medley Relay	2:42.66	17-Feb-01	Blake Balogh, Gretchen Spoelman, Brooke Balogh, Leah Bender	
9-10	50 Free	27.92	3-Apr-00	Brittney Dedeluk	
	100 Free	1:00.36	5-Mar-98	Tiffany Cordts	
	200 Free	2:12.70	6-Jun-03	Brooke Balogh	
	500 Free	5:47.12	6-Jun-03	Brooke Balogh	
	1000 Free	12:52.71	8-Nov-02	Brooke Balogh	
	1650 Free	22:50.23	9-Nov-01	Brooke Balogh	
	50 Back	31.52	11-Apr-06	Hayley Jarrait	
	100 Back	1:08.44	2-Dec-00	Katie Spoelman	
	200 Back	2:33.59	18-Feb-06	Hayley Jarrait	
	50 Breast	35.44	26-Nov-05	Hanna Martin	
	100 Breast	1:15.91	2-Dec-00	Katie Spoelman	
	50 Fly	29.96	3-Apr-00	Brittney Dedeluk	
	100 Fly	1:08.02	5-Mar-00	Brittney Dedeluk	
	200 Fly	2:36.83	9-Feb-03	Brooke Balogh	
	100 IM	1:09.44	5-Mar-00	Katie Spoelman	
	200 IM	2:29.72	3-Mar-00	Katie Spoelman	
	200 Free Relay	1:59.76	27-Nov-05	Hanna Martin, Hayley Jarrait , Tara Vermandere, Morgan Miller	
	200 Medley Relay	2:13.05	26-Nov-05	Tara Vermandere, Hanna Martin ,Hayley Jarrait, Morgan Miller	
	11-12	50 Free	26.00	6-Mar-98	Tiffany Cordts
		100 Free	57.09	22-Nov-04	Brooke Balogh
200 Free		2:01.10	12-Mar-05	Brooke Balogh	
500 Free		5:20.39	22-Jan-05	Brooke Balogh	
1000 Free		11:25.62	6-Nov-04	Brooke Balogh	
1650 Free		19:15.16	22-Jan-05	Brooke Balogh	
50 Back		29.62	5-Mar-96	Kate Kohler	
100 Back		1:03.00	5-Mar-96	Kate Kohler	
200 Back		2:22.64	7-Mar-08	Hayley Jarrait	
50 Breast		32.49	7-Dec-07	Hanna Martin	

**Southern Michigan Aquatic Club
SMAC**

11-12	100 Breast	1:10.21	7-Dec-07	Hanna Martin
	200 Breast	2:33.47	4-Nov-07	Hanna Martin
	50 Fly	29.21	2-Mar-02	Brittney Dedeluk
	100 Fly	1:03.08	13-Mar-05	Brooke Balogh
	200 Fly	2:19.89	12-Mar-05	Brooke Balogh
	100 IM	1:05.42	7-Dec-07	Hanna Martin
	200 IM	2:15.89	7-Dec-07	Hanna Martin
	400 IM	4:52.40	13-Mar-05	Brooke Balogh
	200 Free Relay	1:49.11	12-Mar-05	Blake Balogh, Morgan White, Amanda Miller, Brooke Balogh
200 Medley Relay	2:00.92	9-Mar-07	Hayley Jarrait, Hanna Martin, Theresa Mitchell, Tara Vermandere	
13-14	50 Free	24.99	17-Mar-01	Justine Mueller
	100 Free	55.16	16-Mar-07	Kirstin Stark
	200 Free	1:57.38	14-Mar-03	Brittney Dedeluk
	500 Free	5:16.69	8-Dec-06	Brooke Balogh
	1000 Free	10:53.65	24-Mar-06	Candace Savonen
	1650 Free	18:27.57	17-Feb-06	Candace Savonen
	50 Back	28.72	4-Dec-01	Afton Pickett
	100 Back	1:00.94	9-Mar-02	Afton Pickett
	200 Back	2:10.56	17-Mar-02	Afton Pickett
	50 Breast	32.90	17-Feb-00	Ashley Mclaughlin
	100 Breast	1:08.65	16-Mar-01	Ashley Mclaughlin
	200 Breast	2:28.84	14-Mar-08	Hanna Martin
	50 Fly	28.18	27-Mar-06	Brooke Balogh
	100 Fly	1:00.45	16-Mar-07	Kirstin Stark
	200 Fly	2:14.05	26-Mar-06	Brooke Balogh
	200 IM	2:14.02	25-Nov-06	Kirsten Smith
	400 IM	4:42.74	24-Mar-06	Brooke Balogh
	200 Free Relay	1:46.71	13-Mar-03	Andrea Mason, Katie Spoelman, Carilyn Merz, Brittney Dedeluk
	400 Free Relay	3:46.75	16-Mar-07	Zoe Hopkins, Amanda Miller, Morgan White, Kirstin Stark
	800 Free Relay	8:13.31	14-Mar-08	Hanna Martin, Zoe Hopkins, Megan Hunter, Tara Vermandere
	200 Medley Relay	1:58.82	18-Mar-97	Kate Kohler, Lauren Becker, Brianne Hauser, Erin Evans
	400 Medley Relay	4:15.47	14-Mar-08	Megan Hunter, Hanna Martin, Morgan Miller, Amanda Miller
	15-18	50 Free	24.40	25-Nov-01
100 Free		52.56	19-Mar-10	Kirstin Stark
200 Free		1:54.67	20-Mar-09	Kirstin Stark
500 Free		5:09.11		Tammy Hopkins
1000 Free		10:34.83	8-Nov-03	Justine Mueller
1650 Free		17:29.25	20-Mar-09	Candace Savonen
50 Back		28.92	27-Mar-04	Afton Pickett
100 Back		58.76	27-Mar-04	Afton Pickett
200 Back		2:03.17	28-Mar-04	Justine Mueller
50 Breast		31.35	27-Mar-04	Justine Mueller
100 Breast		1:06.35	25-Oct-02	Justine Mueller
200 Breast		2:17.13	27-Mar-04	Justine Mueller
50 Fly		26.04	23-Mar-07	Amanda Thompson
100 Fly		56.79	26-Mar-04	Justine Mueller
200 Fly		2:05.06	28-Mar-04	Justine Mueller
200 IM		2:02.04	27-Mar-04	Justine Mueller
400 IM		4:19.18	26-Mar-04	Justine Mueller
200 Free Relay		1:43.70	10-Nov-02	Nathlie Heider, Sasi Subhanka, Afton Pickett, Justine Mueller

Southern Michigan Aquatic Club
SMAC

15-18	400 Free Relay	3:39.97	21-Mar-03	Nathalie Heider,Afton Pickett,Brittney Dedeluk, Justine Mueller
	800 Free Relay	7:48.33	19-Mar-10	Zoe Hopkins, Megan Hunter, Jill Carps, Kirstin Stark
	200 Medley Relay	1:54.82	13-Mar-03	Afton Pickett,Nathalie Heider ,Justine Mueller,Sasi Subhanka
	400 Medley Relay	4:02.22	19-Mar-10	Megan Hunter, Amanda Miller, Kirstin Stark, Jill Carps
Open	200 Free Relay	1:44.25	10-Jan-09	Hanna Martin, Kelsey Stark Candace Savonen, Kirstin Stark
	400 Free Relay	3:35.72	19-Mar-10	Kirstin Stark, Megan Hunter, Jill Carps, Kelsey Stark
	800 Free Relay	7:48.33	19-Mar-10	Zoe Hopkins, Megan Hunter, Jill Carps, Kirstin Stark
	200 Medley Relay	1:54.33	8-Nov-03	Afton Pickett,Justine Mueller,Brittney Dedeluk,Carilyn Merz
	400 Medley Relay	4:02.22	19-Mar-10	Megan Hunter, Amanda Miller, Kirstin Stark, Jill Carps

**Southern Michigan Aquatic Club
SMAC**

Yards-Men

8 & U	25 Free	14.21	10-Dec-05	Brennan Balogh	
	50 Free	30.58	18-Feb-06	Brennan Balogh	
	100 Free	1:06.83	8-Feb-06	Brennan Balogh	
	200 Free	2:25.07	8-Feb-06	Brennan Balogh	
	500 Free	6:04.77	27-Jan-06	Brennan Balogh	
	25 Back	17.63	16-Oct-05	Brennan Balogh	
	50 Back	35.68	29-Jan-06	Brennan Balogh	
	100 Back	1:17.18	18-Feb-06	Brennan Balogh	
	25 Breast	18.87	18-Feb-06	Brennan Balogh	
	50 Breast	43.82	12-Feb-06	Brennan Balogh	
	100 Breast	1:32.78	12-Feb-06	Brennan Balogh	
	25 Fly	15.72	11-Dec-05	Brennan Balogh	
	50 Fly	34.19	29-Jan-06	Brennan Balogh	
	100 Fly	1:14.92	18-Feb-06	Brennan Balogh	
	100 IM	1:17.51	11-Dec-05	Brennan Balogh	
	200 IM	2:37.00	18-Feb-06	Brennan Balogh	
	100 Free Relay	1:06.59	27-Mar-06	Jonathon Voelker, Greg Lingle, Brennan Balogh, Cole Ellsworth	
	200 Free Relay	24:54.29	18-Mar-06	Cole Ellsworth, Joe Jackson, Kevin Lingle, Gregory Lingle	
	100 Medley Relay	1:21.07	24-Mar-93	K. Angelocci, E. Bradley, E. Roberts, K. Bradley	
	200 Medley Relay	3:05.97	1-Mar-03	Trevor Michelin, Brennan Balogh, Michael Allen, Hayden Polenz	
9-10	50 Free	27.63	28-Nov-08	Cameron Craig	
	100 Free	1:01.02	10-Jan-09	Cameron Craig	
	200 Free	2:13.52	28-Nov-08	Cameron Craig	
	500 Free	5:46.06	13-May-05	Michael Allen	
	1000 Free	12:09.70	8-Jan-05	Michael Allen	
	1650 Free	23:25.90	16-Feb-07	Will Brace	
	50 Back	30.70	30-Jan-09	Cameron Craig	
	100 Back	1:07.93	10-Jan-09	Cameron Craig	
	50 Breast	37.70	9-Mar-07	Jonathon Voelker	
	100 Breast	1:19.85	10-Dec-06	Brennan Balogh	
	200 Breast	3:26.71	9-Nov-03	Chris Allen	
	50 Fly	30.24	28-Nov-08	Cameron Craig	
	100 Fly	1:09.76	9-Dec-06	Brennan Balogh	
	200 Fly	2:36.53	6-Nov-04	Michael Allen	
	100 IM	1:08.49	28-Nov-08	Cameron Craig	
	200 IM	2:28.69	30-Jan-09	Cameron Craig	
	200 Free Relay	2:02.86	5-Mar-00	Eric Whipple, Chad Whipple, Jon Horenstein, Mark Schramm	
	200 Medley Relay	2:23.30	4-Mar-00	Chad Whipple, Mark Schramm, Eric Whipple, Jon Horenstein	
	11-12	50 Free	25.55	25-Jan-03	Jon Horenstein
		100 Free	54.59	8-Mar-03	Jon Horenstein
200 Free		1:58.88	9-Mar-03	Jon Horenstein	
500 Free		5:17.24	7-Mar-03	Jon Horenstein	
1000 Free		11:32.58	24-Jan-03	Jon Horenstein	
1650 Free		19:04.25	24-Jan-03	Jon Horenstein	
50 Back		27.93	12-Mar-10	Cameron Craig	
100 Back		59.79	12-Mar-10	Cameron Craig	
200 Back		2:12.69	12-Mar-10	Cameron Craig	
50 Breast		30.97	6-Mar-09	Jonathon Voelker	

**Southern Michigan Aquatic Club
SMAC**

11-12	100 Breast	1:08.62	6-Mar-09	Jonathon Voelker
	200 Breast	2:33.15	6-Mar-09	Jonathon Voelker
	50 Fly	27.45	12-Mar-10	Cameron Craig
	100 Fly	1:00.08	12-Mar-10	Cameron Craig
	200 Fly	2:24.42	12-Mar-10	Cole Ellsworth
	100 IM	1:04.39	19-Feb-10	Cameron Craig
	200 IM	2:16.70	12-Mar-10	Cameron Craig
	400 IM	5:01.00	24-Oct-09	Cameron Craig
	200 Free Relay	1:50.72	3-Mar-02	Eric Whipple, Jon Horenstein, Chad Whipple, Mark Schramm
200 Medley Relay	2:05.66	6-Mar-09	Cameron Craig, Gregory LIngle, Jonathon Voelker, Cole Ellsworth	
13-14	50 Free	22.55	17-Mar-01	Chris Tansel
	100 Free	49.08	18-Mar-01	Chris Tansel
	200 Free	1:50.40	16-Mar-01	Chris Tansel
	500 Free	5:01.59	19-Mar-05	Jon Horenstein
	1000 Free	10:22.18	18-Mar-05	Jon Horenstein
	1650 Free	17:27.13	20-Mar-09	Michael Allen
	50 Back	28.69		J. Eichbauer
	100 Back	58.81	19-Mar-96	Matt Angelocci
	200 Back	2:13.23	28-Nov-08	Michael Allen
	50 Breast	30.75		Andy Zukowski
	100 Breast	1:04.78	19-Mar-10	Jonathon Voelker
	200 Breast	2:22.47	20-Mar-09	Ian Misiak
	50 Fly	24.67	28-Mar-01	Chris Tansel
	100 Fly	53.98	16-Mar-01	Chris Tansel
	200 Fly	2:08.26	18-Mar-01	Chris Tansel
	200 IM	2:06.44	17-Mar-01	Chris Tansel
	400 IM	4:33.83	26-Mar-04	Ben Savonen
	200 Free Relay	1:39.95	9-Feb-04	Mark Schramm, John Ledda, Ben Savonen, Jon Horenstein
	400 Free Relay	3:30.69	28-Mar-04	Ben Savonen, Mark Schramm, John Ledda, Jon Horenstein
	800 Free Relay	7:45.92	27-Mar-04	Ben Savonen, Mark Schramm, John Ledda, Jon Horenstein
	200 Medley Relay	1:53.88	30-Mar-04	John Ledda, Ben Savonen, Jon Horenstein, Mark Schramm
	400 Medley Relay	4:07.02	26-Mar-04	John Ledda, Ben Savonen, Jon Horenstein, Mark Schramm
	15-18	50 Free	21.78	9-Dec-06
100 Free		47.19	9-Dec-06	Ben Savonen
200 Free		1:43.83	17-Mar-06	Ben Savonen
500 Free		4:41.72	23-Mar-07	Mark Schramm
1000 Free		9:47.17	14-Mar-08	Mark Schramm
1650 Free		16:04.18	14-Mar-08	Mark Schramm
50 Back		25.43		A. Kominek
100 Back		53.13	19-Mar-10	Matthew Nemeth
200 Back		1:58.80	19-Mar-10	Matthew Nemeth
50 Breast		30.16		B. Bliss
100 Breast		1:03.05	19-Mar-10	Chris Allen
200 Breast		2:11.90		B. Breeze
50 Fly		23.94	26-Mar-04	Chris Tansel
100 Fly		51.13	16-Mar-02	Chris Tansel
200 Fly		1:58.81	25-Jan-02	Brandon Merz
200 IM		1:56.40	25-Mar-06	Ben Savonen
400 IM		4:10.25	16-Feb-07	Ben Savonen
200 Free Relay		1:33.62	27-Jul-01	Nate Olson, Brandon Merz, Chris Tansel, Bryon Tansel

Southern Michigan Aquatic Club
SMAC

15-18	400 Free Relay	3:16.84	18-Mar-06	Ben Savonen, Nicolas Berhorst, John Ledda, Mark Schramm
	800 Free Relay	7:11.95	25-Mar-06	Ben Savonen, Nathan Fleshman, John Ledda, Mark Schramm
	200 Medley Relay	1:45.60		A. Kominek, A. Zukowski, Leibold, Stevens
	400 Medley Relay	3:40.97	19-Mar-10	Matthew Nemeth, Chris Allen, Jordon Staelgraeve, Kyle Ledda
Open	400 Free Relay	3:28.37	20-Mar-09	Matt Nemeth, Micheal Allen, Trevor Jarrait, Jordan Staelgraeve
	800 Free Relay	7:36.66	19-Mar-10	Matthew Nemeth, Chris Allen, Jonathon Voelker, Jordon Staelgraeve
	200 Medley Relay	2:05.48	3-Nov-07	Trevor Jarrait, Ian Misiak, Micheal Allen, Chris Allen
	400 Medley Relay	3:40.97	19-Mar-10	Matthew Nemeth, Chris Allen, Jordon Staelgraeve, Kyle Ledda